

## Post Laser/Light Treatment Care – Vascular / Pigmented Lesions

1. Be careful with hot water and do not bathe with very hot water until healed.
2. Keep the area moist with Aloe Vera gel, or Aquaphor Healing Ointment until inflammation resolves and the area is healed.
3. Keep the treated area out of the sun. If sun is unavoidable, cover it or block it with SPF 40 or above for at least 4 weeks following treatment.
4. Keep clothing from rubbing the treated area and avoid other irritation to the area.
5. Do not use hairspray on or around the treated area.
6. Notify the clinic should you have any prolonged redness, excessive puffiness, or other unusual side effects.

### Important Facts to Remember

1. There will be redness, and occasionally, mild blistering of the treated areas lasting for several hours to 3 - 14 days.
2. The treated area might "crust", "flake", or look like a "cat scratch". This should resolve within 3 - 14 days.
3. Each area to be treated usually requires two or more treatments approximately 2-12 weeks apart.
4. It might be impossible to remove the lesion forever. Even though the lesion may be diminished or "disappear" for long periods of 3-6 months, it might return in the future. The fact that the lesion responded to treatment and was disabled for an extended period almost invariably means it will respond to future treatment.
5. Medications Dispensed: \_\_\_\_\_ use as directed.

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Print Name of Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Person Authorized to Consent for Patient

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Relationship